

WHAT CAN YOU DO?

- Tell people you support them.
- If you see something, say something.
Tell teachers, tell parents, tell friends.
- If you feel safe, challenge homophobia.
- Speak out when you hear someone say 'That's so gay'.

While it can seem easier and safer to go along with the crowd, remember that makes you partly responsible for what happens.

You can choose to be part of the solution.

SPEAK OUT!

It takes real strength to speak out against discrimination but by taking a stand, we make it better for everyone.

South Australian High School students
Speak Out!

'If you love another man it's just love.'

'After learning about same sex attraction at school I am now more proud to stand up for what I believe in.'

'You are a person no matter who you love, gender or religion.'

Not everyone is straight - so what?!

GET HELP

Speak to supportive friends, family, teachers and school counsellors.

SHine SA

1300 794 584

- Counselling
- Programs for schools

Headspace www.headspace.org.au

Mental health support. Live chat, email or call 1800 650 890

ReachOut www.reachout.com

Mental health information, apps and forums

Feast Queer Youth Drop In

Bi-monthly social gathering (15–25 yrs)

facebook.com/feastdropin or ypo@feast.org.au

Lifeline

13 11 14

24-hour crisis support

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SPEAK OUT against

HOMOPHOBIA



SAME-SEX ATTRACTION, HOMOPHOBIA AND YOU

WHY WE SAY SSA

Same-sex attracted (SSA) means someone who is attracted to people of the same sex. Some people use terms like gay, lesbian or bisexual.

Sometimes sexual attraction doesn't fit one of these labels. We have used SSA to include anyone and everyone who is attracted to people of the same sex. What people decide to call themselves is their choice.

Sexuality isn't about what you have or haven't done – it's about how you feel inside.

WHAT IS HOMOPHOBIA?

Homophobia is harassment and discrimination against people who are SSA, but it also includes anything that implies that being SSA is not as good.

WHAT DOES IT MATTER?

Homophobia can make people feel pretty bad about themselves. You might not know it now, but there are probably people you care about who are SSA, who are affected by homophobia.

Also, homophobia can make it feel like there is only one right way to be a woman or a man. It creates pressure to conform. So everyone suffers.

HOW TO SPOT HOMOPHOBIA

A lot of homophobia happens because people don't realise what it is. Here are some things to look out for:

- Harassment or violence against people who are thought to be SSA.
- Not including people thought to be SSA.
- Saying 'That's so gay'.
- Assuming that everyone is heterosexual.
- Believing stereotypes like all SSA men are girly or all SSA women are butch.
- Thinking that just because someone is SSA, they will hit on you.